Dear JICS Lab School Families and Friends,

On **Thursday, September 26<sup>th</sup>,** Jackman ICS will be participating in the **Terry Fox Run!** For those of you who are not familiar with Terry Fox, Terry was someone who ran across Canada to raise money for cancer research. Terry was a person who loved to play basketball and dreamed of being a gym teacher. But at the age of 18, doctors found out Terry had bone cancer in his leg. They had to remove his right leg and add a prosthetic leg. When he found out he had cancer, his life changed.

Terry dreamed of helping others who had cancer. Terry aimed to raise money by running across Canada. He raised a lot of money by running from St. John's to Thunder Bay, where he would have to stop because the cancer had spread. He ran for 143 days and ran the distance of a marathon every single day. At the age of 22, doctors told him that the cancer had spread to his lungs. He was determined to finish the run, but he could not because the cancer had returned.

All the money he raised was donated to cancer research. Terry was unselfish and wanted to cure cancer so badly that he did not keep any for himself. He didn't even have money to buy his family a holiday gift. He asked his brother for money to buy a gift for his family before he died. Terry did not care if he was famous or not. However, he was the youngest person to be awarded the Order of Canada, a medal which is the highest honour for any Canadian to receive. Thanks to him, many people are being cured of cancer. We are keeping the Marathon of Hope going by participating in the Terry Fox run each year in memory of Terry.

On Thursday, September 26th, 2019, the day of the run at JICS, participants should bring a water bottle, a hat, running shoes, and something to protect you from the sun (if it is sunny!). The run will start at JICS and from there, go to Sibelius Park. During the Terry Fox Run, participants should try to stay on track and not distract other people so we can all stay safe. Parents can participate by cheering on the runners. Parents are invited to bring signs, bells, and other things to cheer!

Terry wanted us to donate \$1 for cancer research. He aimed to raise \$1 from every Canadian. But, if you want to bring more, please do so you can raise even more money for cancer research. Please bring in any donations to your child's classroom teacher by September 26<sup>th</sup>.

Thanks!

Sincerely,

The Grade 3 Class.

